



Dear Doctor,  
Novo Nordisk is pleased to invite you to


Virtual Online Education Meeting

# Re-Think Obesity, Obesity & Anti-Obesity Medications

19<sup>th</sup> March, 2021


02:00 PM KSA time

## Faculty of speakers




**Prof. Abdulrahman AlShaikh**

Consultant of endocrinology  
Professor of endocrinology and IM  
King Abdulaziz University, Jeddah, KSA




**Prof. Matthias Bluher**

Consultant of endocrinology  
Professor of endocrinology and IM  
King Abdulaziz University, Jeddah, KSA




**Dr. Khalid Merza**

Consultant of Bariatric surgery  
President of IFSO MENAC ,  
Dammam Medical Complex, KSA




**Dr. Georgia Rigas**

MBBS FRACGP.  
Bariatric Medical Practitioner. Chair-  
RACGP Obesity Management Network.




**Dr. Ashraf Amir**

Consultant of family medicine  
IMC Hospital, Jeddah, KSA




**Dr. Bassam Bin Abbas**

Consultant of paediatric endocrinology  
King Faisal Specialized Hospital &  
Research Center, Riyadh, KSA



**Dr. Maged Al Hudhud**

Consultant of ObGyn , Head of the IVF and  
ObGyn department Dr Sulaiman Al Habib  
Hospital, Riyadh, KSA



**Dr. Ghalia Abdeen**

Consultant of clinical nutrition  
King Saud University, Riyadh, KSA

## Agenda

Time	Topic	Speaker
14:00 - 14:05	Meeting welcome and introduction	Prof. Abdulrahman AlShaikh
14:05 - 14:20	Obesity, Tsunami of the century	Dr. Ashraf Amir
14:20 - 14:35	Management of Obesity, Gate opener for better health	Dr Georgia Rigas
14:35 - 14:50	Role of AOMs in reducing complications	Prof Matthias Bluher
14:50 - 15:05	New approaches for managing Obesity with Adolescence	Dr. Bassam Bin Abbas
15:05 - 15:20	Obesity and PCOS, hidden burden	Dr. Majid Al Hudhud
15:20 - 15:35	Lifestyle interventions, does it enough alone?	Dr. Ghalia Abdeen
15:35 - 15:50	Invasive procedures, Part of Obesity management triad	Prof. Khalid Merza
15:50 - 16:10	Discussion	All
16:10 - 16:15	take home message	Prof Abulrahman AlShaikh



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